

POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Water Walking 9:45-11:45 am	Adult Water Walking 12:00-12:45	Senior Water Walking 9:45-11:45 am	Adult Water Walking 12:00-12:45	Adult Water Walking 12:00-12:45	Senior Water Walking 10:00-12:30
Adult Swim 1:00-2:45 18+	Adult Swim 1:00-2:45 18+	Adult Swim 1:00-2:45 18+	Adult Swim 1:00-2:45 18+	Adult Swim 1:00-2:45 18+	Youth Swim 1:00-1:45 8-17 yrs
Youth Swim 3:00-4:30	Adult Lap 3:00-3:45	Youth Swim 3:00-4:30	Adult Lap 3:00-3:45	Adult Lap 3:00-3:45	Open Swim 3:00-3:45 8-17 yrs
Adult Swim 5:00-5:45 18+	Open Swim 5:00-5:45	Adult Swim 5:00-5:45 18+	Open Swim 5:00-5:45	Open Swim 5:00-5:45	Adult Swim 4:00-5:30 18+
	Adult Swim 6:00-7:30 18+		Adult Swim 6:00-7:30 18+	Family Swim 6:00-7:30 18+	



Estabrook Recreation Center
4125 Fulton Road
216/664-4149
Manager Kim Kibort

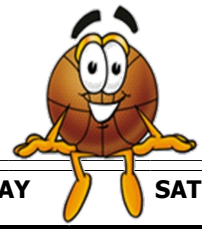
WEIGHT ROOM

<p>MONDAY - FRIDAY 12:00 pm-7:30 pm 16+</p> <p>SATURDAY 10:00 pm —5:30 pm 16+</p>

<p>Boxing Monday thru Friday 4:30-7:00 pm</p>
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All children under 8 years old and under 4 feet tall must be accompanied (arms length) and supervised in the water by an adult.

GYM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 pm-2:00 pm Adult Basketball 18+	12:00 pm-2:00 pm Adult Basketball 18+	12:00 pm-2:00 pm Adult Basketball 18+	12:00 pm-2:00 pm Adult Basketball 18+	12:00 pm-2:00 pm Adult Basketball 18+	10:00 am-10:45 am Softball practice
2:00 pm-:4:00 pm Youth Gym 8-17 yrs	2:00 pm-:4:00 pm Youth Gym 8-17 yrs	2:00 pm-:4:00 pm Youth Gym 8-17 yrs	2:00 pm-:4:00 pm Youth Gym 8-17 yrs	2:00 pm-:4:00 pm Youth Gym 8-17 yrs	12:00 pm-12:45 pm Softball practice
5:00 pm-7:00 pm Baseball Fundamentals	5:00 pm-7:30 pm Flag Football	5:00 pm-7:30 pm Adult Volleyball	5:00 pm-7:30 pm Baseball Fundamentals	5:00 pm-6:30 pm Basketball practice	1:00 pm-1:45 pm Softball practice
				6:30-7:30 pm Peewee T Ball Fundamentals 4-8 yrs	2:00 pm-4:00 pm Youth Gym (8-17)

*** SCHEDULE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE ***

INDOOR
FLAG FOOTBALL LEAGUE
Tuesdays
5:00-7:00
Ages

OUTDOOR SOCCER
Tuesdays & Thursdays
5:00-7:00
Ages
8-13 yrs.

PIO PROGRAMS

CHESS TUES-THURS 5:00-6:30
HEALTHY TREES THURS 4:00-6:00
JAZZ FUNK DANCE FRIDAY 4:00-5:00
E-SPORTS T-THURS 4:30-6:30

PRE-REGISTRATION NEEDED