

Mom's Quit for Two

A Smoking Cessation Program

Pregnant and Want to Quit Smoking?



- *Positive Reinforcement*
 - *Set a quit date*
- *Prenatal and Postpartum smoking cessation sessions*
- *Year supply of \$25 diaper vouchers**
- *Become a lifelong non-smoker*

Contact a Community Health Worker at Friendly Inn.

She will take this journey with you.

(216) 431-7656

Join the M*ovement*

