

## Aquatics Schedule



John F. Kennedy Recreation Center  
17300 Harvard Ave.  
216/664-2572

CITY OF CLEVELAND  
Mayor Frank G. Jackson

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 –1:00 PM <b>Sr. Swim</b> Ages 50+	12:00– 12:45 PM <b>Lap Swim</b> 18+	12:00 –1:00 PM <b>Sr. Swim</b> Ages 50+	12:00– 12:45 PM <b>Lap Swim</b> 18+	12:00 –1:00 PM <b>Sr. Swim</b> Ages 50+	10:00-12:00 PM <b>Adult Open Swim</b> 18+
2:00 –3:00 PM <b>Lap / Open Swim</b> Ages 18+	1:00 –2:00 PM <b>School Group</b>	2:00 –3:00 PM <b>Lap / Open Swim</b> Ages 18+	1:00 –2:00 PM <b>School Group</b>	2:00 –3:30 PM <b>Lap / Open Swim</b> Ages 18+	12:00–1:00 PM <b>Parent &amp; Tot</b> Ages 12month –7
3:00-4:00 PM <b>Open Swim</b> Ages 8-17	2:00-3:30 PM <b>Open Swim</b> Ages 18+	3:00-4:00 PM <b>Open Swim</b> Ages 8-17	2:00-3:30 PM <b>Open Swim</b> Ages 18+	3:30-5:00 PM <b>Open Swim</b> Ages 8-17	2:00-4:00 PM <b>Open Swim</b> 8-17
4:00-5:00 PM <b>Water Basketball</b> Ages 12-17	3:30-5:00 PM <b>Open Swim</b> Ages 8-17	4:00–5:00 PM <b>Water Basketball Practice</b> Ages 12-17	3:30-5:00 PM <b>Open Swim</b> Ages 8-17	5:00–6:00 PM <b>Water Games</b> Ages 12-17	<b>Family Swim</b> 4:00-5:30 PM
5:00 –7:30 PM <b>Lifeguard Training</b> Ages 15+	5:00-6:00 PM <b>Swim Lesson</b> Ages 8-17	5:00 –7:30 PM <b>Lifeguard Training</b> Ages 15+	5:00-6:00 PM <b>Swim Lesson</b> Ages 8-17	6:00-7:30 PM <b>Family Swim</b>	
	6:00-7:00 PM <b>Aquacise</b> Ages 18+		6:00-7:00 PM <b>Aquacise</b> Ages 18+		
	7:00–7:30 PM <b>Adult Learn To Swim</b> Ages 18+		7:00–7:30 PM <b>Adult Learn to Swim</b> Ages 18+		

All children 7 years old and under and less than 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

## Our Senior Activities

<b>Floor Aerobics</b>	Monday—Wednesday	10:00-11:00 am
<b>Tai Chi</b>	Thursday	1:00-2:00pm
<b>Line Dancing</b>	Friday	12:00- 1:00 pm



## Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12-2:30 PM <b>Open Gym</b> Ages 18+	12-2:30 PM <b>School Group</b>	12-2:30 PM <b>Open Gym</b> 18+	12-2:30 PM <b>School Group</b>	12-2:30 PM <b>Open Gym</b> 18+	10:00-12:00 PM <b>Basketball Clinic</b> 8-17
2:30-4:00PM <b>Youth Open Gym</b> Ages 8-17	2:30-4:30PM <b>Open Gym</b> Ages 8-17	2:30-4:00PM <b>Youth Open Gym</b> Ages 8 –17	2:30-4:30PM <b>Open Gym</b> Ages 8-17	2:30-4:30PM <b>Youth Open Gym</b> Ages 8-17	12:00–3:00 PM <b>Youth Open Gym</b> Ages 8-14
4:00-5:30PM <b>Soccer Practice</b> Ages 9-13	4:30-6:00 PM <b>Coed Basketball Skills Training</b> Ages 9-17	4:00-5:30PM <b>Soccer Practice</b> Ages 9-13	4:30-6:00 PM <b>Coed Basketball Skills Training</b> Ages 9-17	4:30-6:00 PM <b>Pee Wee Baseball Skills Training</b> Ages 4-7	3:00-5:30 PM <b>Young Adults Open Gym</b> Ages 14-17
5:30-7:30 PM <b>Midget Boys BB Practice</b> Ages 8-11	6:00-7:30 PM <b>Open Volleyball</b> Ages 18+	5:30-7:30 PM <b>Junior Boys BB Practice</b> 12-14	6:00 - 7:30 PM <b>Senior Boys BB Practice</b>	6:00-7:30 PM <b>Family Open Gym</b> Ages 8+	

## Other Exciting Activities

**Step Aerobics**  
**Table Tennis**  
**Fitness Room**  
  
**Youth Fitness**

Monday & Wednesday  
Tuesday, Thursday & Saturday  
Monday—Friday  
Saturday  
Monday, Wednesday

6:00—7:30 pm  
6:00 - 7:30 pm  
12:00—7:30 pm  
10:00-5:30 pm  
5:30-6:30pm



Schedule subject to change without prior notice